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SEXY & CHIC
INSPIRING NEW LOOKS

HOW TO GET
BOMBSHELL
BED-HEAD
HAIR

SPRING
FASHION

THE TRENDS YOU NEED RIGHT NOW

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DIY WEEKEND UPGRADE

Not so into art for art's sake? Try one of these hybrid activities and get creative while multitasking.



PAINTING + DRINKING

The Theory: Test the hypothesis that booze gets the creative juices flowing with art-making parties at bars across the country.

HOW TO DO IT: At Paintnite.com events, artists guide liquored-up attendees in a paint-by-numbers approach (\$45-\$65). Or find a bar that hosts a drink-and-draw with live models: It's BYOS (bring your own sketchbook).

COCKTAIL EFFECT: Add alcohol to flower-arranging classes in Brooklyn (\$50, stemsbrooklyn.com) and screen printing in San Francisco (\$42, workshopsf.org).



PHOTOGRAPHY + HIKING

The Theory: Work your index finger while working your glutes on shutter-bug excursions that take you into the wilderness.

HOW TO DO IT: Follow in the master's footsteps with photographic trips through Yosemite organized by The Ansel Adams Gallery (anseladams.com). Or search Meetup.com for local hiking and shooting groups.

TIPS FROM THE PROS: Landscape photography should be supersharp, so always bring a tripod, advises Phillip Nicholas, a staff photographer at the gallery.



CRAFTING + VOLUNTEERING

The Theory: Connect with your inner child while helping children in need undertake crafty projects.

HOW TO DO IT: Project Sunshine connects volunteers in 175 U.S. cities with kids facing medical challenges (projectsunshine.org).

WHAT TO EXPECT: New Yorker Melissa Baez, 33, spends one day a month helping kids make masks and decorate chef's hats. "I usually have brunch afterward with my boyfriend, and he's like, 'You're in such a good mood. I like this.'"



COOKING + LANGUAGE-LEARNING

The Theory: Cook a delish foreign dish while maximizing vocab absorption on the hunch that the stomach is the quickest way to the brain.

HOW TO DO IT: Master Italian (language and cuisine) with Dr. Paola Rebusco's MIT seminar "Speak Italian With Your Mouth Full" (ocw.mit.edu). Or make a trip of it: GoLearnTo.com offers similar courses in France, Spain, and Morocco.

WHY IT WORKS: "People are more relaxed around food, so more likely to learn," says Rebusco, who also hosts pizza-baking office hours for her physics students.

